

Document Type:		Procedure	
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Title:	QUESTT (Quality and Effectiveness Trigger Tool Escalation Procedure)		
Document Author:	Associate Director of Nursing and Professional Practice for Integrated Service Unit Paignton and Brixham		
Applicability:	All Managers and Clinical Leaders as defined in document		

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1 Introduction

1.1 This protocol provides a framework that will enable Managers and Clinical Leaders to monitor and escalate concerns, when teams are experiencing difficulties managing quality safety and effectiveness normally identified using the Quality Safety and Effectiveness Trigger Tool (QUESTT).

2 Statement/Objective

2.1 The QUESTT will monitor key performance indicators to provide an early warning if essential characteristics of a well performing team, working within an environment that will support quality and safety, are absent or at risk. It is recognised that the presenting issues are often the symptoms of deeper, more significant managerial and practice issues and/or demands. It is a supportive tool that will support teams and individuals within them to provide safe and effective care, it is recognised that often factors external to the team and/or organisation have a significant impact upon a team's essential characteristics.

2.2 As we strive to ensure efficiency and quality of care, we must ensure that we have the level of support for teams to thrive. This process is designed to achieve this.

2.3 Action plans developed by Community Service Managers/Service Managers and Team Leaders should be supportive in nature and not intended to apportion blame.

3 Roles & Responsibilities

The Team Leader or Service Manager is responsible for ensuring the monthly completion of the Tool for their team. A nominated person must be established for the purposes of completion of the tool; this should be determined at a local level. It is essential that there is contingency built in to support annual leave and other factors

- 3.1 It is the responsibility of Community Service Managers and Heads of Service/Profession to ensure their teams have completed the monthly QUESTT by monitoring and responding to automated email reminders.
- 3.2 The Chief Nurse and Chief Operating Officer hold joint responsibility for the monitoring and escalation of the QUESTT results on a monthly basis.
- 3.3 In the protocol below the levels of escalation provide further detail of levels of responsibility, reporting and monitoring.
- 3.4 This protocol will not cover all factors that may affect a team and where other concerns are present these should be managed in the appropriate way reflecting other Trust Policies/Guidelines.
- 3.5 The Chair of the QUESTT Review meeting will be responsible for the action plan and distribution of meeting notes.
- 3.6 The System Director of Operations will be responsible for the effective completion of all managerial and operational actions and reporting to the Chief Operating Officer.
- 3.7 The System Directors of Nursing and Professional Practice will be responsible for all quality, safety and professional practice actions and reporting to the Chief Nurse.
- 3.8 As the improvement action plan progresses, any learning that is considered relevant for sharing should be shared as it occurs, if it is considered appropriate by the meeting members.
- 3.9 The meeting will be treated in confidence with information shared on a need to know basis. When learning from incidents, the information shared will be anonymised.

4 Submission and Reporting Schedule

- 4.1 The QUESTT will be completed between the 1st and 7th day of the month by all teams/wards/services included. Entries submitted outside of this timeframe may not be reported. One reminder will be sent electronically by the performance team on approximately the 7th day of the month. Managers who receive the reminder are responsible for cascading to the relevant staff who are responsible for completion.
- 4.2 On the 8th day of the month or the next working day the data set is released to all managers who will then review the scores of teams/wards/services they are responsible for and take appropriate action as set out in section 6.

5 Training

Teams /Ward Managers/Service Lead Managers responsible for completion of QUESTT will receive training from a competent individual (usually their line managers) which is then cascaded to 2-3 other team members to ensure each month the QUESTT can be completed in a timely fashion

6 Monitoring, Auditing, Reviewing & Evaluation

- 6.1 The procedure will clarify the different escalation levels for the QUESTT results and the actions that will be required.
- 6.2 The QUESTT report will be presented monthly at the Transformation and Assurance Group Meeting where any Red and Purple levels will be reported and discussed escalating to the Trust board where applicable along with the actions taken to mitigate risk.
- 6.3 A review of the QUESTT score will be part of the monthly managerial supervision provided between the Associate Director of Operations/Associate Director of Nursing and Professional Practice and Service Leads, Community Service Manager and Team Leaders to allow discussion and any necessary actions to be supported; avoiding the need to implement this protocol of management escalation. It is expected that scores of 15 and less will be managed as part of regular management supervision meetings.
- 6.4 QUESTT scores should also be discussed at the monthly Integrated Service Unit (ISU) Governance Meetings where required.
- 6.5 Where teams/services have not completed the monthly QUESTT the manager will be informed and an action requested as these teams will be considered 'at risk'.
- 6.6 The timeframe for improvement will be dependent on the indicators triggering and the risk to quality and safety of the service. This will be decided by the members of the action plan team.
- 6.7 The QUESTT can be repeated at any time during the month to check for increases or decreases in escalation and inform an appropriate response.

6.8 LEVEL 1

- 6.8.1 Where Level 1 concern is raised, the Team Leader/ Ward Manager/Service Lead together with the Community Services Manager/Matron or Associate Director of Nursing and Professional Practice dependent on service leadership will meet to identify key actions. The actions will be measurable and able to demonstrate improvement. Liaison will also occur between the other aligned teams across the Integrated Care Organisation (ICO) to strive to achieve shared solutions. The Associate Director of Operations/Associate Director of Professional Practice will liaise with other areas to support team self-management.

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- 6.8.2 Community Service Managers, Team Leaders/Matrons/Service Managers will manage this level of concern.
 - 6.8.3 Acute/Community QUESTT: - a score of **16-24** will act as a trigger for this level of intervention. Using Community Hospital QUESTT a score of **12 -16** will act as a trigger for this level of intervention.
 - 6.8.4 A Level 1 meeting will be held within 2 weeks of the notification.
 - 6.8.5 Level 1 Reporting arrangements: - The action plan progress and achievement of the required improvements will be reported to the Associate Director of Operations / Associate Director of Nursing and Professional Practice along with the Chief Nurse, Safety and Clinical Risk Group with monitoring undertaken at the ISU Clinical Governance Meeting. Where appropriate this information will be fed into the Transformation and Assurance Meeting and up to Integrated Governance Group (IGG) chaired by the Chief Operating Officer with reports to the Quality Assurance Committee quarterly, as part of the regular quality report.
 - 6.8.6 A discussion should be taken within the meeting around adding any risks associated with the QUESTT score onto the Risk Register.

6.9 LEVEL 2

- 6.9.1 Where actions implemented at Level 1 do not achieve the required improvement or the score using the QUESTT is **25-35** (acute/community), **17-25** (community hospital), a Level 2 improvement meeting will be held.
- 6.9.2 Membership of this meeting will include the Team Leader, Associate Director of Operations/Service Lead, Associate Director of Nursing and Professional Practice and relevant Head of Profession/s to review the team's performance and develop an action plan with time limited objectives.
- 6.9.3 A Level 2 improvement meeting will be held within one week of the notification.
- 6.9.4 If there are any issues raised that may indicate the need, a Human Resource Manager for the area will be a member of this Level 2 improvement meeting membership.
- 6.9.5 Level 2 reporting arrangements: - The Action plan will be reported to and monitored by The System Director of Nursing & Professional Practice with reports to the Transformation and Assurance monthly meetings. Community Service Managers/Matrons/Associate Director of Nursing and Professional Practice/Associate Director of Operations will undertake operational meetings monthly as part of the regular quality report.
- 6.9.6 The Chief operating Officer and Chief Nurse will be informed of all Level 2 improvement meetings.
- 6.9.7 A discussion should be taken within the meeting around adding any risks associated with the QUESTT score onto the Risk Register.

6.10 LEVEL 3

- 6.10.1 In cases where Level 2 interventions are not effective or where there is a Community/Acute QUESTT score of **36-46**, or a community hospital QUESTT score of **26-36**, a Level 3 improvement meeting will be held **N.B. A Level 3 improvement meeting will be held within 4 working days of the notification.**
- 6.10.2 The improvement meetings will be led by the Chief Operating Officer and the Chief Nurse, the meeting suggested membership will be:
- Community Service Manager/Service Lead
 - Associate Director of Nursing and Professional Practice for the relevant ISU
 - HR Manager
 - Team Leader
 - Head of Profession most closely linked to the team (e.g. for a Community Nursing Team, it will be the Community Nurse Lead)
 - Associate Director of Operations
 - System Director of Nursing and Professional Practice
 - Other professional representatives as required e.g. Pharmacist, Quality and Safety Team.
- 6.10.3 Conduct of meeting
- Meeting notes and action plans will be distributed to all invitees within 2 working days with a high-level briefing to the Chief Nurse and Chief Operating Officer.
 - Key responsibilities will be agreed at the meeting – see QUESTT template in Appendix 1.
 - Action review meetings will be held weekly for the initial month and then reviewed with consideration of the risks that have not been effectively managed.
 - Monthly reports to the Executive Management Team will be provided by the Chief nurse and Chief Operating Officer (see responsibilities above).
 - The action plan will co-exist with any other investigations being undertaken in the team e.g. HR or SIRIs (Serious Investigations Requiring Investigation) with progress reports fed into each meeting.
- 6.10.4 A discussion should be taken within the meeting around adding any risks associated with the QUESTT score onto the Risk Register.

7 De-escalation Planning

- 7.1 As the improvement actions are implemented and risk assessments indicate reduction in level of intervention required, a de-escalation process will be agreed by the members of the meeting with a proposal presented to the Chief Operating Officer and Chief Nurse for agreement.

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- 7.2 As de-escalation occurs, the membership of the improvement meeting will be reviewed to ensure that the correct level of intervention continues to support the improvement journey for the team/ward.
- 7.3 Any Risks registered on the Risk Register will need to be adjusted to reflect de-escalation, potentially even removed.

8 Learning for the Organisation

A plan will be agreed by the improvement team to ensure that any organisational learning occurs and where appropriate, learning is shared with our partner organisation. The aim of organisational learning is to ensure lessons learnt are used when reviewing and developing services that are safe and effective.

9 References

Not applicable.

10 Equality and Diversity Exceptions

There are no equality and diversity exceptions

11 Distribution

To All Teams, wards and Heads of service and managers across the organisation.

12 Appendices

[Appendix 1 – Quality Effectiveness & Safety Trigger Tool \(QUESTT\)](#)

Appendix 1

Quality Effectiveness & Safety Trigger Tool (QUESTT)		
Team	Total Score	
	Level 0	< 16
Month	Year	Level 1
		Level 2
Completed by		Level 3
		> 36
	Self-Assessment	Score
Vacancy rate	0-3% / 3-10% / 10%+	0 / 2 / 4
Total sickness absence rate higher than 3.5%	No / Yes	0 / 2
Long term sickness absence rate higher than 2%	No / Yes	0 / 2
Reduction in capacity (in hours) TODAY is greater than 30%	No / Yes	0 / 2
New or no line manager in post (within last 6 months)	No / Yes	0 / 2
Monthly review of key activity, safety and quality indicators has been undertaken in the PREVIOUS MONTH	Yes / No	0 / 2
Planned annual appraisals performed in the PREVIOUS MONTH	Yes / No	0 / 2
Involvement in multi-disciplinary meetings in the PREVIOUS MONTH	Yes / No	0 / 2
Involvement in GP practice meetings in the PREVIOUS MONTH when requested to do so	Yes / No / N/A	0 / 2 / 0
Formal team meeting held during LAST 3 MONTHS	Yes / No	0 / 2
Formal feedback obtained from patients in LAST 3 MONTHS	Yes / No	0 / 2
2 or more formal complaints in the PREVIOUS MONTH	No / Yes	0 / 2
Evidence of resolution to recurring themes from incidents/complaints in the PREVIOUS MONTH	N/A / Yes / No	0 / 0 / 2
Unusual demands on service exceeding capacity to deliver in the PREVIOUS MONTH	No / Yes	0 / 2
Has the team adhered to a "Clear desk" policy in the PREVIOUS MONTH?	No / Yes	0 / 1
CURRENTLY more than 2 ongoing RCA investigations or disciplinary investigations within team/service	No / Yes	0 / 2
Do you have any medical devices overdue for review?	N/A / No / Yes	0 / 0 / 1
If you have medical devices overdue for review have you taken appropriate action?	N/A / Yes / No	0 / 0 / 1
Service specific question 1		
Service specific question 2		
Service specific question 3		
Service specific question 4		
TOTAL SCORE		

Community Hospital & MIU Quality Effectiveness & Safety Trigger Tool (QUESTT)

Total Score	
Level 0	< 11
Level 1	12-16
Level 2	17-25
Level 3	26-36

Ward or Department	Name	
Date of Review	Signature	

SECTION ONE The content of this completed tool should be used to form the basis of a monthly multi-disciplinary review of the key quality indicators within a clinical area. The assessment should be made by the team leader and then validated by the members of the review group discussing the results. The first section acts as a trigger or early warning tool, and must be assessed and completed each month.

NB - if the statement is true insert x in the box & then tab off. The score will be calculated automatically. If it is not true, leave blank.

	TRUE	SCORE
New or no line manager in post (within last 6 months)	x	1
Vacancy rate higher than 3%	x	3
Unfilled shifts is higher than 6%	x	2
Sickness absence rate higher than 3.5%	x	2
No monthly review of key quality indicators by peers (e.g. peer review or governance team meetings)	x	3
Planned annual appraisals not performed	x	2
No involvement in Trust-wide multi-disciplinary meetings	x	2
No formal feedback obtained from patients during the month (e.g. questionnaires or surveys)	x	2
2 or more formal complaints in a month (wards) or 3 or more (A&E or OPD) or 1 or more (CCU & ICU)	x	3
No evidence of resolution to recurring themes	x	3
Unusual demands on service exceeding capacity to deliver (e.g. national targets, outbreak)	x	2
Hand hygiene audits not performed	x	2
Cleanliness audits not performed	x	2
Ward/department appears untidy	x	2
No evidence of effective multidisciplinary/multi-professional team working	x	3
Ongoing investigation or disciplinary RCA investigation (including RCA's & infection control RCA's)	x	2
TOTAL SCORE		36
COMMENTS		

Document Control Information

This is a controlled document and should not be altered in any way without the express permission of the author or their representative.

Please note this document is only valid from the date approved below, and checks should be made that it is the most up to date version available.

If printed, this document is only valid for the day of printing.

This guidance has been registered with the Trust. The interpretation and application of guidance will remain the responsibility of the individual clinician. If in doubt contact a senior colleague or expert. Caution is advised when using clinical guidance after the review date, or outside of the Trust.

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Date of issue:	25 September 2020	Next review date:	25 September 2023
Version:	4	Last review date:	September 2020
Author:	Associate Director of Nursing and Professional Practice for Integrated Service Unit Paignton and Brixham		
Directorate:	Trustwide		
Equality Impact:	The guidance contained in this document is intended to be inclusive for all patients within the clinical group specified, regardless of age, disability, gender, gender identity, sexual orientation, race and ethnicity & religion or belief		
Committee(s) approving the document:	System Director of Nursing and Professional Practice (Torbay)		
Date approved:	18 September 2020		
Links or overlaps with other policies:			

Have you identified any issues on the Rapid (E)quality Impact Assessment. If so please detail on Rapid (E)QIA form.	Yes <input type="checkbox"/>	
	Please select Yes No	
Does this document have implications regarding the Care Act? <i>If yes please state:</i>	<input type="checkbox"/>	<input type="checkbox"/>
Does this document have training implications? <i>If yes please state:</i>	<input type="checkbox"/>	<input type="checkbox"/>
Does this document have financial implications? <i>If yes please state:</i>	<input type="checkbox"/>	<input type="checkbox"/>

Is this document a direct replacement for another? <i>If yes please state which documents are being replaced:</i>	<input type="checkbox"/>	<input type="checkbox"/>
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Document Amendment History

Date	Version no.	Amendment summary	Ratified by:
1 November 2014	2	Addition of key responsibility for monitoring monthly QUESTT completion	Care and Clinical Policies Group
26 August 2016	3	Revised	Care and Clinical Policies Group
25 September 2020	4	Revised	System Director of Nursing and Professional Practice (Torbay)

The Mental Capacity Act 2005

The Mental Capacity Act provides a statutory framework for people who lack capacity to make decisions for themselves, or who have capacity and want to make preparations for a time when they lack capacity in the future. It sets out who can take decisions, in which situations, and how they should go about this. It covers a wide range of decision making from health and welfare decisions to finance and property decisions

Enshrined in the Mental Capacity Act is the principle that people must be assumed to have capacity unless it is established that they do not. This is an important aspect of law that all health and social care practitioners must implement when proposing to undertake any act in connection with care and treatment that requires consent. In circumstances where there is an element of doubt about a person's ability to make a decision due to 'an impairment of or disturbance in the functioning of the mind or brain' the practitioner must implement the Mental Capacity Act.

The legal framework provided by the Mental Capacity Act 2005 is supported by a Code of Practice, which provides guidance and information about how the Act works in practice. The Code of Practice has statutory force which means that health and social care practitioners have a legal duty to have regard to it when working with or caring for adults who may lack capacity to make decisions for themselves.

“The Act is intended to assist and support people who may lack capacity and to discourage anyone who is involved in caring for someone who lacks capacity from being overly restrictive or controlling. It aims to balance an individual's right to make decisions for themselves with their right to be protected from harm if they lack the capacity to make decisions to protect themselves”. (3)

All Trust workers can access the Code of Practice, Mental Capacity Act 2005 Policy, Mental Capacity Act 2005 Practice Guidance, information booklets and all assessment, checklists and Independent Mental Capacity Advocate referral forms on ICON.

<https://icon.torbayandsouthdevon.nhs.uk/areas/mental-capacity-act/Pages/default.aspx>

Infection Control

All staff will have access to Infection Control Policies and comply with the standards within them in the work place. All staff will attend Infection Control Training annually as part of their mandatory training programme.

Rapid (E)quality Impact Assessment (EqIA) (for use when writing policies)

Policy Title (and number)		Version and Date	
Policy Author			
An (e)quality impact assessment is a process designed to ensure that policies do not discriminate or disadvantage people whilst advancing equality. Consider the nature and extent of the impact, not the number of people affected.			
Who may be affected by this document?			
Patients/ Service Users	<input type="checkbox"/>	Staff	<input type="checkbox"/>
Other, please state...		<input type="checkbox"/>	
Could the policy treat people from protected groups less favourably than the general population? PLEASE NOTE: Any 'Yes' answers may trigger a full EIA and must be referred to the equality leads below			
Age	Yes <input type="checkbox"/> No <input type="checkbox"/>	Gender Reassignment	Yes <input type="checkbox"/> No <input type="checkbox"/>
Race	Yes <input type="checkbox"/> No <input type="checkbox"/>	Disability	Yes <input type="checkbox"/> No <input type="checkbox"/>
Gender	Yes <input type="checkbox"/> No <input type="checkbox"/>	Pregnancy/Maternity	Yes <input type="checkbox"/> No <input type="checkbox"/>
Sexual Orientation			Yes <input type="checkbox"/> No <input type="checkbox"/>
Religion/Belief (non)			Yes <input type="checkbox"/> No <input type="checkbox"/>
Marriage/ Civil Partnership			Yes <input type="checkbox"/> No <input type="checkbox"/>
Is it likely that the policy could affect particular 'Inclusion Health' groups less favourably than the general population? (substance misuse; teenage mums; carers ¹ ; travellers ² ; homeless ³ ; convictions; social isolation ⁴ ; refugees)			Yes <input type="checkbox"/> No <input type="checkbox"/>
Please provide details for each protected group where you have indicated 'Yes'.			
VISION AND VALUES: Policies must aim to remove unintentional barriers and promote inclusion			
Is inclusive language ⁵ used throughout?			Yes <input type="checkbox"/> No <input type="checkbox"/> NA <input type="checkbox"/>
Are the services outlined in the policy fully accessible ⁶ ?			Yes <input type="checkbox"/> No <input type="checkbox"/> NA <input type="checkbox"/>
Does the policy encourage individualised and person-centred care?			Yes <input type="checkbox"/> No <input type="checkbox"/> NA <input type="checkbox"/>
Could there be an adverse impact on an individual's independence or autonomy ⁷ ?			Yes <input type="checkbox"/> No <input type="checkbox"/> NA <input type="checkbox"/>
EXTERNAL FACTORS			
Is the policy a result of national legislation which cannot be modified in any way?			Yes <input type="checkbox"/> No <input type="checkbox"/>
What is the reason for writing this policy? (Is it a result in a change of legislation/ national research?)			
Who was consulted when drafting this policy?			
Patients/ Service Users	<input type="checkbox"/>	Trade Unions	<input type="checkbox"/>
Protected Groups (including Trust Equality Groups)		<input type="checkbox"/>	
Staff	<input type="checkbox"/>	General Public	<input type="checkbox"/>
Other, please state...		<input type="checkbox"/>	
What were the recommendations/suggestions?			
Does this document require a service redesign or substantial amendments to an existing process? PLEASE NOTE: 'Yes' may trigger a full EIA, please refer to the equality leads below			Yes <input type="checkbox"/> No <input type="checkbox"/>
ACTION PLAN: Please list all actions identified to address any impacts			
Action	Person responsible	Completion date	
AUTHORISATION:			
By signing below, I confirm that the named person responsible above is aware of the actions assigned to them			
Name of person completing the form		Signature	
Validated by (line manager)		Signature	

Please contact the Equalities team for guidance:

For Devon CCG, please email d-ccg.equalityanddiversity@nhs.net & d-ccg.QEIA@nhs.net

For Torbay and South Devon NHS Trusts, please call 01803 656676 or email pdf.sdhct@nhs.net

This form should be published with the policy and a signed copy sent to your relevant organisation

Consider any additional needs of carers/ parents/ advocates etc, in addition to the service user

² Travelers may not be registered with a GP - consider how they may access/ be aware of services available to them

³ Consider any provisions for those with no fixed abode, particularly relating to impact on discharge

⁴ Consider how someone will be aware of (or access) a service if socially or geographically isolated

⁵ Language must be relevant and appropriate, for example referring to partners, not husbands or wives

⁶ Consider both physical access to services and how information/ communication is available in an accessible format

⁷ Example: a telephone-based service may discriminate against people who are d/Deaf. Whilst someone may be able to act on their behalf, this does not promote independence or autonomy

Clinical and Non-Clinical Policies – Data Protection

Torbay and South Devon NHS Foundation Trust (TSDFT) has a commitment to ensure that all policies and procedures developed act in accordance with all relevant data protection regulations and guidance. This policy has been designed with the EU General Data Protection Regulation (GDPR) and Data Protection Act 2018 (DPA 18) in mind, and therefore provides the reader with assurance of effective information governance practice.

The UK data protection regime intends to strengthen and unify data protection for all persons; consequently, the rights of individuals have changed. It is assured that these rights have been considered throughout the development of this policy. Furthermore, data protection legislation requires that the Trust is open and transparent with its personal identifiable processing activities and this has a considerable effect on the way TSDFT holds, uses, and shares personal identifiable data.

Does this policy impact on how personal data is used, stored, shared or processed in your department? Yes No

If yes has been ticked above it is assured that you must complete a data mapping exercise and possibly a Data Protection Impact Assessment (DPIA). You can find more information on our [GDPR](#) page on ICON (intranet)

For more information:

- Contact the Data Access and Disclosure Office on dataprotection.tsdf@nhs.net,
- See TSDFT's [Data Protection & Access Policy](#),
- Visit our [Data Protection](#) site on the public internet.